200 – 1881 Scarth St., Regina SK S4P 4L1 Phone: 306.787.4370 Toll free: 1.800.667.7590 Website: <u>www.wcbsask.com</u>

## Alternative supports

The WCB provides earnings loss benefits if you are unable to work because of your work injury. You may be eligible for alternative financial support from another agency:

- Once you recover from your injury and earnings loss benefits end, or
- If your benefits are suspended temporarily.

The WCB can offer up to three (3) hours of counselling services to manage stress or anxiety you may be experiencing because your benefits are ending.

## What alternative supports are available?

We can direct you to other sources of assistance:

- 1. If your earnings loss benefits are ending and you do not have an employer or if you are not eligible for benefits through your employer:
  - Check with Employment Insurance (EI) Canada to see if you qualify for regular or sickness benefits.
    - i. You may be eligible for regular benefits if you are unemployed and can't find a job.
    - ii. You may be eligible for El sickness benefits if you are unable to work because of a non-compensable injury or illness.

Phone: 1.800.206.7218 Website address: <u>www.canada.ca.</u>

- b. You may qualify for financial assistance through the Saskatchewan Income Support (SIS) or Saskatchewan Assured Income for Disability (SAID):
  - i. SIS is a program for families and individuals who cannot meet their basic living costs.
  - ii. SAID provides financial support to individuals who have an enduring and significant disability.

Phone: 1.866.221.5200 Website address: <u>http://www.saskatchewan.ca.</u>

- 2. If your earnings loss benefits have been suspended, check with your employer:
  - a. Ask if you have any sick days you can access.
  - b. If you are part of an extended benefits program, ask if you qualify for longterm disability.
- 3. If you feel you would benefit from counselling contact your case manager or vocational rehabilitation specialist to learn more about WCB sponsored service.

For further information, contact the operations division: Phone: 306.787.4370 or 1.800.667.7590 Fax: 306.787.7582 or 1.888.844.7773 E-mail: <u>askwcb@wcbsask.com</u>

