

## Next steps after being injured at work

When you are injured at work, you enter a partnership with your employer, your care provider and the WCB to return you to a full, productive working life as soon as it is medically safe. This fact sheet gives a review of the benefits you may have the right to and explains what you, the WCB, your care provider and your employer must do.

### Benefits you may get:

- Most medical costs to do with your injury are covered, including prescriptions and medical supplies. Your care provider must be registered with the WCB before we will cover the cost of your treatment. Care providers bill the WCB directly so you do not have to pay. The WCB has to approve some treatments, like massage therapy, first.
- Travel costs are covered if you are required to travel outside your home community for treatment.
- Earnings loss benefits equal to 90 per cent of your net earnings if you miss work because of your injury.

### Your responsibilities:

- Co-operate with all partners and make every effort to return to work as soon as possible.
- Attend all medical appointments. Your benefits may be held if you fail to cooperate with your treatment plan.
- Keep in contact with your employer about your progress and when you expect to be able to return to work. Your employer may have different work or modified duties for you until you are able to return to your full job duties.
- Keep in regular contact with your WCB representative about your recovery and when you will return to either full or part time work.
- Report all income to the WCB while you are receiving WCB earnings loss benefits.

### What you can expect from us:

- If you receive wage-loss benefits, you will be paid every second Thursday following your first payment.
- A response to your phone calls as soon as possible or within 24 hours on business days.
- Fair, respectful and responsible treatment for you and your dependants.
- A workable return-to-work plan so you can regain your independence through suitable, productive work.



**Your employer's responsibilities:**

- Stay in contact with you to keep up-to-date with your recovery progress and expected return-to-work date.
- Co-operate with the WCB to create a return-to-work plan, including an opportunity to return to different or modified work as soon as you are medically able.

**Where can you find more information?**

- Visit our website [wcbask.com](http://wcbask.com) for more information on our policies, procedures and legislation.
- You can also file a [Worker's Initial Report of Injury \(W1\)](#) online. Workers can now get automatic online access with a [basic WCB online account](#).
- Request account access to your full online account to view claim information and submit expenses.
- If you prefer, you can call 306.787.4370, toll free 1.800.667.7590 or email [claims@wcbask.com](mailto:claims@wcbask.com) for information about your claim.