



PTP USER MANUAL

Physiotherapist's Progress/Discharge Report

WCB Claim No.: _____

Clinic No.: _____ PT No.: _____ Personal Health No.: _____

Phone No.: _____ Fax No.: _____ Date of Birth _____ Phone No.: _____

Employer Name _____

Physician's Name, Address, Postal Code

Worker Name, Address, Postal Code

Print/stamp/sticker

Print/stamp/sticker

Clinic Name _____

(Please note: All sections need to be filled out where appropriate to insure reimbursement for the PTP form.)

REQUEST FOR EXTENSION **DENIED CES/CM** _____ **Date** _____ *(Note that case management will be considering assessment of recovery and duration, frequency of treatments as well as other features of recovery in approving further treatment at a primary level or if a decision will be made to proceed with a multi-disciplinary assessment.)*

1. Current Diagnosis _____ *(Be as specific as possible)*

2. Body areas being treated _____ *(Be as specific as possible)*

3. Subjective Complaints *(Use quantifiable measures where possible i.e. Numeric pain scale rating)*

4. Objective Findings *(Use quantifiable measures where possible i.e. Range of motion, straight leg raise testing, manual muscle testing, deep tendon reflex testing.)*

5. Assessment of recovery (0-10) _____ 0 = No recovery, 10 = recovered to preinjury

Explain any delay in recovery _____

(The assessment of recovery is a measure that asks the provider to summarize available information to provide an estimate of the expectation of recovery within typical primary timelines. The clinician is asked to incorporate clinical findings, self-report measure change, objective functional change where testing is appropriate as well as possible psychosocial issues. A score between 0 and 10 representing no recovery and 10 representing recovery to pre-injury status is established. This score will represent the practitioners' assessment of the complexity of this primary patient's presentation and potential for recovery.)

6. Discharged **Yes** **date:** *(Include the final date of treatment.)* **No** *requires a Request for Extension of Treatment(complete #7 - 18)*

7. Restrictions **Subjective** **Measured**

lifting (# of lbs.) _____ **pushing/pulling (# of lbs)** _____

Reaching **overhead reaching** **turning** **walking** _____ **stairs** **ladders** **standing (# of hrs)** _____

sitting (# of hrs) _____ **environment** _____ **Other** _____

(Use the boxes above to indicate if the restrictions that are provided are based on functional testing (where appropriate) or by client perception of function in combination with clinical judgment. If it is your clinical opinion that the worker is not suitable for work of any kind at this time, then the restriction sections should be left blank. Your rationale for indicating the worker's inappropriateness for return to work of any kind should be included in the comments section)

8. Have you advised the patient to be off work due to injury **Yes** **No** *(If Yes, complete #9 - 18)*

If NO, is the patient to be working with restrictions **Yes** **No** *(If Yes, complete #9 - 18)*

9. Self Report (initial/current) Roland Morris ___/___ Quick Dash ___/___ QD Work module ___/___ NDI ___/___ LEFS ___/___

(The self-report measures have been developed based on instruments that were established at the Outcome Measures Workshop in May 2006. The instruments chosen are based on body parts involved i.e. Roland Morris for thoracic and lumbar spine, Quick Dash for upper quadrant, and NDI for cervical spine and LEFS for lower quadrant injuries. It is mandatory to use the instruments described above. Please include the raw score for the initial and the current measure when providing the information about the self-report measure.)

10. Treatment Plan Chiropractic Massage Biomechanical Electrophysical

Regional conditioning, Supervised ___ Home ___ Supervised global conditioning RTW

Other _____

11. Frequency of treatment: _____ per week **12. Expected number of week to discharge.** _____

13. Are you aware of other health or non-health factors affecting recovery No Yes *(If Yes, add to Comments)*

14. The effects of the injury may affect activity for: # of days < 8 _____ 8-14 15-21 >21 **RTW Date** _____

(The expectation is for an estimation based on the available information at the time of the progress report)

15. Has a return to work plan been discussed with the worker? Yes No **the employer?** Yes No

16. Has a return to work plan been arranged: Yes **TRTW start date** _____ No *(Explain barriers in Comments)*

17. Are there any specific safety concerns in a RTW No Yes *(If yes, explain in comments)*

18. Comments *(This section is included to expand on issues related to the return to work, i.e. work place issues, psychosocial issues or non-compensable issues delaying recovery, concerns regarding safety related to medications).*

Signature: _____ **Date** _____ **Copy to** _____