

Physiotherapist's Initial Report

WCB Claim No.: _____

Clinic No.: _____	PT No.: _____	Personal Health No.: _____
Phone No.: _____	Fax No.: _____	Date of Birth: _____ Phone # _____
Employer Name: _____		
Physiotherapist's Name, Address, Postal Code		Worker Name, Address, Postal Code
Print/stamp/sticker		Print/stamp/sticker
Clinic Name: _____		

(The physical therapist will not have an individual number. Leave this blank. The clinic billing number should be filled in. The employer to be included in above should be the pre-injury employer. It is understood that there may be some instances where the current employer is different from the pre-injury employer. It is requested that this section only include the pre-injury employer)

1. Injury Date: _____ dd/mm/yyyy _____ 2. Date of initial exam _____ dd/mm/yyyy _____
 3. Part of body injured _____ 4. Diagnosis _____

5. Mechanism of injury *(Where possible please be as specific as possible)*

6. Subjective complaints *(Include quantifiable measures where possible i.e. Numeric pain scale rating)*

7. Objective findings *(Include quantifiable measures where possible i.e. Range of motion, straight leg raise testing, manual muscle testing, deep tendon reflex testing.)*

8. Treatment goals *(Please use goals that are functional including return to work)*

9. Assessment of recovery status (0-10) _____ (0= no recovery, 10=recovered to preinjury)

(The assessment of recovery is a measure that asks the provider to summarize available information to provide an estimate of the expectation of recovery within typical primary timelines. The clinician is asked to incorporate clinical findings, self-report measure change, objective functional change where testing is appropriate as well as possible psychosocial issues. A score between 0 and 10 representing no recovery and 10 representing recovery to pre-injury status is established. This score will represent the practitioners' assessment of the complexity of this primary worker's presentation and potential for recovery.)

10. Intensity Score: *(0= An injured worker who displays medical and psychological factors that will allow successful outcome with average treatment resources. 1= An injured worker who requires a high level of complex treatment programming to achieve a successful outcome with average treatment resources.)*

11. Treatment Plan Chiropractic Massage Biomechanical Electrophysical

Regional conditioning, Supervised _____ Home _____ Supervised global conditioning Transitional RTW

Other *(This section is meant to communicate services that you understand to be part of the current treatment plan. Also, please identify if you are aware of other caregivers who are involved in the care of the worker even if you didn't refer to these practitioners.)*

12. Frequency of treatment: _____ per week 13. Expected number of treatments to discharge *(This should represent the total expected number of treatments to discharge)*

14. Have you advised the patient to be off work due to the injury Yes No

If NO, is the patient to be working with restrictions Yes No

15. Are you aware of previous injury/treatment for this area No Yes Time Frame(s): *(This is dependent on the worker's recall of previous injuries. Therefore, the year of injury is satisfactory.)*

16. Self-Report (score) Roland Morris _____ Quick Dash _____ QD Work module _____ NDI _____ LEFS _____

(The self-report measures have been developed based on instruments that were reviewed at the Outcome Measures Workshop in May 2006. The instruments chosen are based on body parts involved i.e. Roland Morris for thoracic and lumbar spine, Quick Dash for upper quadrant, and NDI for cervical spine and LEFS for lower quadrant injuries. It is mandatory to use the instruments described above. Please include the raw score for the initial measure when providing the information about the self-report measure)

17. Restrictions Subjective Measured

- lifting (# of lbs.) _____ pushing/pulling (# of lbs) _____ reaching
 overhead reaching turning walking _____ stairs ladders standing (# of hrs) _____
 sitting (# of hrs) _____ environment _____ other _____

Client and practitioner agreed Yes No *(Explain in comments)*

(Use the boxes above to indicate if the restrictions that are provided are based on functional testing (where appropriate) or by client perception of function in combination with clinical judgment. If you have already advised that the worker is not suitable for work of any kind at this time (question 14), then the restriction sections should be left blank. Your rationale for indicating the worker's inappropriateness for return to work of any kind should be included in the comments section.)

18. Effects of the injury may affect work activity for: # of days <8 8-14 15-21 >21 **RTW Date** _____

19. Has a RTW been discussed with the worker? Yes No **the employer?** Yes No

20. Has a transitional RTW been arranged? Yes, TRTW start date _____ No *(Explain barriers in the comments section)*

21. Are there any specific safety concerns in a TRTW No Yes *(If Yes, explain in the comments section. If there are concerns expressed by the physical therapist regarding medication, a discussion between the physical therapist and physician regarding return to work issues should be initiated and should be commented on in the comments section below)*

22. Comments _____

Signature _____ **Date:** _____ **Copy to** _____