wcb Saskatchewan Workers' Compensation Board

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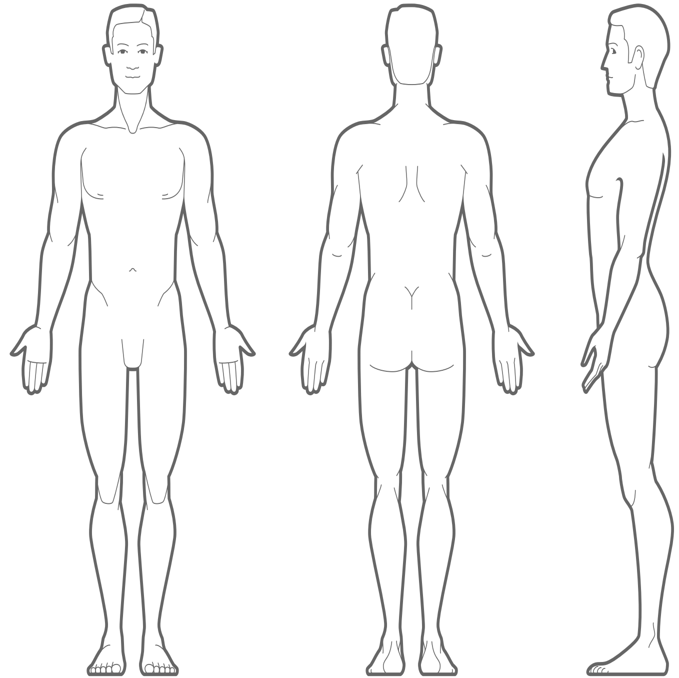
Date: ______________________________

Patient name: ____________________________________ **Claim no:** ___________________________

Functional examination record

Upper quadrant assessment

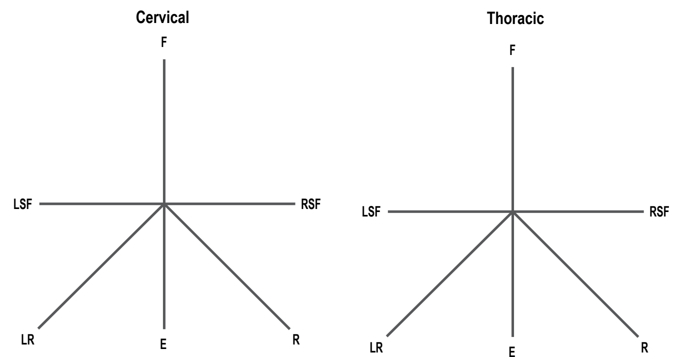
Posture/Dermatomes



Pain/Light touch

Upper extremities		**ROM** R	**ROM** L	**Strength** R	**Strength** L
Shoulder girdle	Elev				
	Depr				
	Prot				
	Retr				
Shoulder	Flex				
	Ext				
	Abd				
	Add				
	FER				
	FIR				
Elbow	Flex				
	Ext				
	Supin				
	Pron				
Wrist	Flex				
	Ext				
	RDev				
	UDev				

ROM



Resisted movements (↓ pain)

Flex R.Sb R.Rot

Ext L.Sb L.Rot

Comments

Reflexes	Right	Left	Normal
C4 LS	☐	☐	☐
C5 PD	☐	☐	☐
C6 Bi	☐	☐	☐
C7 Tri	☐	☐	☐
C8 EPL	☐	☐	☐
T1 Abd dig min	☐	☐	☐
Babinski	☐	☐	☐
Hoffman's	☐	☐	☐
Clonus	☐	☐	☐

Myotomes	Right	Left	Normal
C3-4 UT (Sh Shrug)	☐	☐	☐
C5 Del	☐	☐	☐
C5-6 Bi	☐	☐	☐
C6-7 We	☐	☐	☐
C7 Tri	☐	☐	☐
C8 Thumb Ext	☐	☐	☐
T1 Interossei	☐	☐	☐

Cranial nerve tests

		R	L	N
Olfactory	Smell	☐	☐	☐
Optic	Light reaction	☐	☐	☐
	Accommodation	☐	☐	☐
	Confrontation	☐	☐	☐
Occulomotor	Fixation	☐	☐	☐
Trochlear	Fixation	☐	☐	☐
Trigeminal	Facial sensation	☐	☐	☐
	Jaw reflex	☐	☐	☐
Abducens	Fixation	☐	☐	☐
Facial	Smile/frown	☐	☐	☐
Vestibulocochear	Lie down/sit up	☐	☐	☐
	Side tilt	☐	☐	☐
	Caloric	☐	☐	☐
	Finger rustle	☐	☐	☐
	Humming	☐	☐	☐
	Weber's	☐	☐	☐
	Rhine's	☐	☐	☐
Glossopharygeal/ Vagal	Gag reflex	☐	☐	☐
Accessory	Sternomastoid/ Trapezius strength	☐	☐	☐
Hypoglossal	Tongue protrusion	☐	☐	☐

Tenderness to palpation

Extremity

Shoulder:

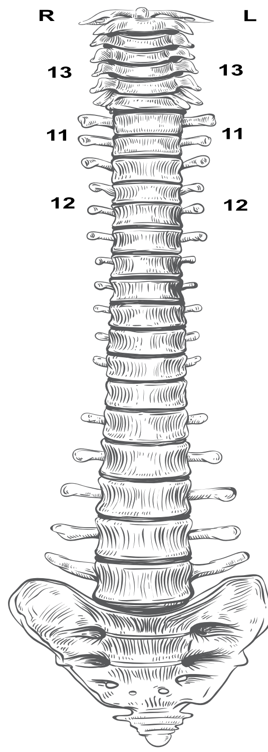
Wrist:

Elbow:

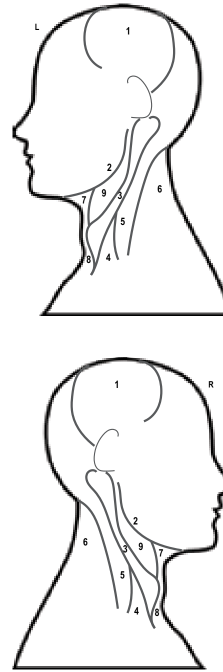
Hand:

Skeletal

- ○ Tender
- ● Sore
- ✖ Stiff
- ★ Spasm
- / Hypermobile
- **E** Extended
- **F** Flexed



Soft tissue



1 - TM
2 - Mass
3 - SCM
4 - SC anterior
5 - SC medius
6 - SC posterior
7 - Suprahyoids
8 - IHM
9 - Prevertebral
10 - TR
11 - LS
12 - IS
13 - PV
14 - Subscapularis

Special tests

TMJ

Opening _________ mm

Lat D (R) _________ mm

(L) _________ mm

Oral habits

Tongue position Palate _______ Floor ________

Between teeth _______

Thrust _______

Breathing Mouth _______ Nose ________

Shoulder (+ve, -ve)	**R**	**L**
Impingement sign	☐	☐
Apprehension test	☐	☐
Scapulohumeral rhythm	☐	☐

Acromioclavicular

Sternoclavicular

Cervical		**+ve**	**-ve**
Ligament stability	Alar	☐	☐
	Transverse	☐	☐
Compression		☐	☐
Distraction		☐	☐
Upper limb Ten test		☐	☐
Neck flex		☐	☐
Scapular retraction test		☐	☐
Vertebral artery test (+ve, -ve)		**R**	**L**
Carotid pulse		☐	☐
Rotation		☐	☐
Rotation w/ ext		☐	☐
Body rotation		☐	☐
Hautaud's test		☐	☐
Pulses	Subclavicular	☐	☐
	Brachial	☐	☐
	Radial	☐	☐

Elbow (+ve, -ve)

Valgus/Varus stress

Tennis elbow test

Wrist (+ve, -ve)

Phalen's test

Allen's test

Biomechanical scan

Lumbar	Positional tests
	Neutral
	Flexion
	Extension
Hip	Faber's
	Thomas
	Grind
Knee	MCL
	LCL
	ACL
	PCL
	McMurray's
	Appley's
	Compression
	Distraction
Ankle	Medial ligament
	Lateral ligament