

The WCB's list of accredited psychological health providers

The following WCB-accredited psychological health providers have agreed that the WCB may publish their contact information so that workers and employers can reach out to them about treatment for psychological health issues arising from a work-related injury.

The accredited psychological health providers on this list may or may not be able to accept new patients at any given time, depending on their current capacity. However, once the WCB registers a claim, it can promptly arrange an appointment, even before adjudicating the claim. This eliminates the need for workers or employers to contact multiple treatment providers.

The WCB may also arrange for a psychological health program with the psychological health providers listed below. This program could include counselling, team-based therapy, exercise therapy, exposure therapy and return-to-work supports. These WCB referrals can help workers avoid changing providers if they need a more comprehensive program at a later date.

The WCB encourages workers and employers to report work injury claims early so the adjudication process can begin and the WCB can help arrange medical appointments, including those described above.

To file a work injury claim, please visit:

Worker: wcbask.com/what-do-if-youre-injured-work-and-how-file-claim

Employer: wcbask.com/news/file-employers-initial-report-injury-e1

Psychological health providers wishing to be added to this list can contact the WCB at:

Phone: 306.787.4339

Toll free: 1.800.664.7590

Fax: 306.787.2428

Toll free fax: 1.888.844.7773

The WCB's 2026 list of accredited psychological health providers

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Kathryn Cochrane, MA – PAR Consultants – Regina
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Dr. Shahlo Mustafaeva – Regina
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Dr. Audur Thorisdottir – Regina
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